



**1**  
Egg Fried Rice w/ Egg Roll  
Grill: Cheeseburger  
Pizza: Buffalo Chicken  
Taco Bar: Soft Shell taco  
Deli: C Ham Sub  
Salad on the Go: Apple Slice Salad  
Fresh Steamed Broccoli

**4**  
BBQ Mac and Cheese w/ breadstick  
  
Grill: Hot Dog  
Pizza: Bruschetta Flatbread  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Spicy Popcorn Chicken Salad

**5**  
Spicy Popcorn Chicken Bowl  
  
Grill: Chicken Patty  
Pizza: Pico de Gallo  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Spicy Popcorn Chicken Salad

**6**  
Ravioli w/ Breadstick  
  
Grill: Chicken Nuggets  
Pizza: Cheeseburger  
Taco Bar: Soft Shell taco  
Deli: C Ham Sub  
Salad on the Go: Spicy Popcorn Chicken Salad

**7**  
Sweet and Sour Chicken  
Chicken w/ Cilantro Lime Rice  
Grill: Spicy Chicken Patty  
Pizza: BBQ Chicken  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Spicy Popcorn Chicken Salad

**8**  
  
No School

**11**  
Meatloaf w/ Brown Gravy Dinner Roll  
Grill: Burger  
Pizza: Buffalo Chicken  
Taco Bar: Soft Shell Taco  
Deli: C Ham  
Salad on the Go: C Ham Chef Tater Bites

**12**  
Chicken and Sausage Stew w/ Cilantro Lime Rice  
Grill: Hot Dog  
Pizza: Pico de Gallo  
Taco Bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: C Ham Chef Steamed Green Beans

**13**  
Orange Chicken w/ Broccoli & Lo Mein Noodles  
Grill: Chicken Nuggets  
Pizza: Cheeseburger  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: C Ham Chef Orange Glazed Carrots

**14**  
Chicken Alfredo Pasta w/ Dinner Roll  
Grill: Spicy Chicken Patty  
Pizza: BBQ  
Taco Bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: C Ham Chef Refried Beans

**15**  
Walking Taco w/ Cheese Sauce  
Grill: Spicy Chicken Patty  
Pizza: Mexican  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: C Ham Chef Fresh Steamed Broccoli

**18**  
Breaded Chicken Drumstick w/ Dinner Roll  
Grill: Chicken Patty  
Pizza: Buffalo  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Chicken Caesar  
Mashed Potatoes

**19**  
Vegetarian Chili Mac w/ Breadstick  
Grill: Spicy Chicken Patty  
Pizza: Pico de Gallo  
Taco Bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: Chicken Caesar  
Steamed Green Beans

**20**  
Chicken Nugget Bowl w/ Dinner Roll  
Grill: Chicken Nuggets  
Pizza: Cheeseburger  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Chicken Caesar  
Orange Glazed Carrots

**21**  
General Tso's Beef w/ Vegetables & Yellow Rice  
Grill: Bacon Cheeseburger  
Pizza: BBQ  
Taco bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: Chicken Caesar  
Baked Beans

**22**  
Tagine Chicken w/ Cheddar & Chili Flatbread  
Grill: Hot Dog  
Pizza: Mexican  
Mexicana: Nacho  
Deli: C Ham Sub  
Salad on the Go: Chicken Caesar  
Fresh Steamed Broccoli

**25**  
Salisbury Steak w/ Egg Noodles, Brown Gravy and Breadstick  
Grill: Chicken Patty  
Pizza: Buffalo Chicken  
Taco Bar: Soft Shell Taco  
Salad on the Go: Italian French Fries

**26**  
Sweet & Sour Popcorn Chicken w/ broccoli & Rice  
Grill: Spicy Chicken Patty  
Pizza: Pico de Gallo  
Taco Bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: Italian Fresh Roasted Cauliflower

**27**  
Chicken and Cheddar Burrito  
  
Grill: Chicken Nuggets  
Pizza: Cheeseburger  
Bar: Burger Bar  
Deli: C Ham Sub  
Salad on the Go: Italian Cinnamon Sweet Potato

**28**  
Rice & Bean Bowl w/ Breadstick  
  
Grill: Burgers  
Pizza: BBQ  
Taco Bar: Soft Shell taco  
Deli: C Ham Sub  
Salad on the Go: Italian Campfire Pinto Beans

**29**  
Spaghetti Carbonara w/ Breadstick  
Grill: Hotdog  
Pizza: Mexican  
Taco Bar: Soft Shell Taco  
Deli: C Ham Sub  
Salad on the Go: Italian Fresh Steamed Broccoli

### CHALLENGE YOURSELF:

KEEP ACTIVE  
+ WALK MORE  
+ ALL DAY

= A STRONG & FIT YOU

### Daily Offerings!

- Fruit & Vegetable Bar
- Cheese & Pepperoni Pizza
- Milk- Skim, Chocolate Skim, Unflavored Skim, Chocolate & Non-Lactose